DUE TO OUR SUPPLIERS SOMETIMES SUBSTITUTING MEALS/INGREDIENTS PLEASE ENSURE YOU SPEAK TO YOUR SERVER WHEN ORDERING IF YOU, OR ANYONE IN YOUR PARTY, HAVE ANY ALLERGIES OR INTOLERANCES SO WE CAN CHECK THE MEAL YOU ARE ORDERING. THANK YOU FOR YOUR PATIENCE AND UNDERSTANDING.

KING HENRY'S TAVERNS ALLERGEN INFO 15/03/2024

YES (This dish does contain this allergen)

Jalapenos Guacamole Soured Cream

NO (This dish does not contain this allergen)

MAY (Produced in a factory where certain allergens may be present) MUSTARD Tree Nuts Mustard Sesame Seed Gluten Celery Mik Fish CONTAINS LAZY GRAZIN Crispy Jumbo Shrimp with Sweet Chilli Dip MAY MAY MAY Tangy BBQ Wings Cauliflower Wings with Sweet Chilli Dip MAY MAY Southern Fried Chicken Strips & Sweet Chilli Dip YES Hot and Spicy Chicken Bites with Frank's Red Hot Sauce Salt and Pepper Shredded Chicken & Sweet Chilli Dip Meat Balls in Tomato Sauce YES Potato Skins with Cheese and Bacon Halloumi Fries with Chilli Dip YES Duck Spring Rolls with Hoi Sin Sauce Mac and Cheese Bites with Frank's Red Hot Sauce MAY MAY Brie Wedges with Onion Chutney MAY MAY MAY YES Jalepeno Cream Cheese Bites YES MAY MAY Cheesos with Salsa Dip YES SHARERS Nachos and Cheese Nachos and Chilli Pot Nachos and Veggie Chilli Pot Grated Cheese Salsa

CONTAINS Sea Variable Sea Varia	YES YES YES YES	
Fajitas - Fillet Steak Fajitas - Chicken Breast Fajitas - Chicken and Steak Fajitas - Halloumi Fajitas - Halloumi Fajitas - Halloumi	YES YES	
Fajitas - Chicken Breast	YES YES	
Fajitas - Chicken and Steak Fajitas - Halloumi YES Fajitas - Chicken and Steak Fajitas - Chicken and Steak Fajitas - Chicken and Steak	YES	
Fajitas - Halloumi	YES	
		YES
	YES	
Grated Cheese YES		
Salsa		
Jalapenos Salapenos Salape		
Guacamole		
Soured Cream YES		
SALADS		
Chicken and Bacon MAY YES		
Soz Fillet Strips MAY YES MAY		
Crispy Jumbo Shrimp YES MAY YES MAY MAY YES MAY YES	YES	MAY
Cauliflower Wings MAY MAY YES	YES	
Piri Piri Chicken MAY YES		
Vinaigrette MAY YES YES		
KING HENRY'S STEAKS		
Rump	YES	
Sirloin Steak	YES	
Fillet Steak	YES	
Bistro Rump	YES	
Surf and Steer YES YES	YES	
SAUCES SAUCES		
Pepper Sauce YES YES	YES	
Stilton Sauce YES	YES	
Mushroom and White Wine Sauce YES YES	YES	
MEALS FOR A KING		
Superman's Mixed Grill YES YES	YES	
Mighty Man Mixed Grill YES YES	YES	
16oz Gammon Steak (no egg or pineapple)	YES	
16oz Gammon Steak with egg YES	YES	
16oz Gammon Steak with pineapple	YES	
King Henry VIII Special	YES	
The Murphy	YES	
The Mary Rose Special	YES	
The Titanic	YES	

Bille Mon Burger		_			1	1				1	1		1	1	
ROYAL BURGERS Whitehouse Burger Whitehouse Burger		ites	ے ا	eans	ISCS	~	Juts	uts	d d	≥	ard	bo	<u>.</u> ⊆	eu	ğ
ROYAL BURGERS Whitehouse Burger Whitehouse Burger	CONTAINS	lph	Fisl	stac	ollo	Ξ	e e	ean	ssaı	ele	ust	Egg	dn-	int	Soy
ROYAL BURGERS Whitehouse Burger Whitehouse Burger		Su		Çuî	Σ		Ţ	A A	Š		Σ		_	0	
Value Burger 1	ROYAL BURGERS			J											
Whitehouse Burger									MAY					VFS	
Change Royale Euroger	ů					VES									
Southern Fried Chicken Burger						_									
Tudor Tower						123									
Moving Mountains Burger						YFS									
Blue Moon Burger							MAY	MAY							YES
Mac and cheese lurger						YES	1717 (1								
DITY Burger	Š										YES				MAY
TRADITIONAL															
Brised Beef With Mushroom See Gammon Steak with pegipe MAY See Gammon Steak with pegipe MAY See Gammon Steak with pegipe See Gammon Steak with pegipe See Gammon Steak with pegipe MAY See Gammon Steak with pegipe See See Sauce See See Sauce See See See See See See See See See S	, .														
See Gammon Steak kin egg or pineapple		YES				YES								YES	YES
Soc Gammon Steak with pilespole				ì				1	1		ì		ì		
See Gammon Steak with pineapple												YES			
Homemade Steak and Ale Pie															
All Day Readfast Cottage Pie		MAY													YES
Cottage Pie						YES				YES	YES	YES			
Cumberland Sausages with Mash YES YE			YES			YES	MAY	MAY							
Cumberland Sausages, Eggs, Chips YES YES <th< td=""><td>Cumberland Sausages with Mash</td><td>YES</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>YES</td><td>YES</td><td></td><td></td><td>YES</td><td>YES</td></th<>	Cumberland Sausages with Mash	YES								YES	YES			YES	YES
Ham, Egg and Chips Beef Chilli Beef Chilli Beef Chilli Beef Chilli Beef Chilli Beef Chilli Beef Chilli Beef Chilli Beef	·	YES										YES			YES
Beef Chilling															
Minted Lamb Chops MAY MAY MAY MAY MAY MAY MAY MY M						YES									
Minted Lamb Chops MAY MAY MAY MAY MAY MAY MAY MY M										YES				YES	
Garlic Bread MAY MAY <t< td=""><td></td><td>MAY</td><td></td><td></td><td></td><td>MAY</td><td></td><td></td><td></td><td>MAY</td><td>MAY</td><td></td><td></td><td></td><td>YES</td></t<>		MAY				MAY				MAY	MAY				YES
Cheesy Garlic Bread YES S S YES MAY Mushrooms S	ON THE SIDE?														
Mushrooms Mushrooms <t< td=""><td>Garlic Bread</td><td></td><td></td><td></td><td></td><td>MAY</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>YES</td><td>MAY</td></t<>	Garlic Bread					MAY								YES	MAY
Mushrooms Mushrooms <t< td=""><td>Cheesy Garlic Bread</td><td></td><td></td><td></td><td></td><td>YES</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>YES</td><td>MAY</td></t<>	Cheesy Garlic Bread					YES								YES	MAY
Chips Chesy Chips Chesy Chips Chesy Chips YES Chesy Chips Chesy C															
Cheesy Chips Curly Fries M YES M M M YES M </td <td>Onion Rings</td> <td></td> <td>YES</td> <td></td>	Onion Rings													YES	
Curly Fries	Chips														
Curly Fries	Cheesy Chips					YES									
Tortillas Corn on the Cob (served with butter portion which contains milk) New Potatoes (served with butter portion which contains milk) Mixed Side Salad (If with vinaigrette has mustard and may have sesame) Naan Bread Poppodom Bread and Butter Fried Egg Coleslaw Pepper Sauce Stilton Sauce Stilton Sauce Stilton Sauce Stilton Sauce STILL S														YES	
Tortillas Corn on the Cob (served with butter portion which contains milk) New Potatoes (served with butter portion which contains milk) Mixed Side Salad (If with vinaigrette has mustard and may have sesame) Naan Bread Poppodom Bread and Butter Fried Egg Coleslaw Pepper Sauce Stilton Sauce Stilton Sauce Stilton Sauce Stilton Sauce STILL S	Sweet Potato Fries														
New Potatoes (served with butter portion which contains milk) Mixed Side Salad (If with vinaigrette has mustard and may have sesame) Naan Bread Poppodom Bread and Butter Fried Egg Coleslaw Pepper Sauce Stilton Sauce New Potatoes (served with butter portion which contains milk) New Potatoes (served with butter portion which contains milk) New Potatoes (served with butter portion which contains milk) New Potatoes (served with butter portion which contains milk) New Potatoes (served with butter portion which contains milk) New Potatoes (served with butter portion which contains milk) New Potatoes (served with butter portion which contains milk) New Potatoes (served with butter portion which contains milk) New Potatoes (served with butter portion which contains milk (served with butter) Naan Bread NAAY NAAY NES NAAY NAAY NES NAAY NES NAAY NAAY NES NAAY NES NAAY NAAY NES NAAY NAAY NES NAAY NES NAAY NAAY NAAY NES NAAY NAAY NAAY NES NAAY														YES	
Mixed Side Salad (If with vinaigrette has mustard and may have sesame) Image: Control or Con	Corn on the Cob (served with butter portion which contains milk)					YES									
Nan Bread Nan Bread Image: Composition of the compo	New Potatoes (served with butter portion which contains milk)					YES									
Poppodom Image: Control or	Mixed Side Salad (If with vinaigrette has mustard and may have sesame)								MAY		YES				
Bread and Butter YES YES STEAM YES														YES	
Fried Egg Image: Colesia of the colesia o	Poppodom														
Colesiaw Image: Colesia of the colesia of	Bread and Butter					YES								YES	YES
Pepper Sauce YES YES <t< td=""><td>Fried Egg</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>YES</td><td></td><td></td><td></td></t<>	Fried Egg											YES			
Stilton Sauce YES YES STILL YES YES YES YES YES YES YES YES YES	Coleslaw											YES			
	Pepper Sauce					YES								YES	
Mushroom and White Wine Sauce YES YES	Stilton Sauce					YES								YES	
TLO TLO	Mushroom and White Wine Sauce	YES				YES								YES	

	ites	_	Crustaceans	scs	~	Juts	uts	ne d	≥	ard	bo	ے	<u>د</u>	o o
CONTAINS	Sulphites	Fish	ıstac	Molluscs	Σ Ĭ	Tree Nuts	Peanuts	Sesame Seed	Celery	Mustard	Egg	Lupin	Gluten	Soya
	S		S.	2		F		0,		2				
SAUCE SACHETS														
Tomato Ketchup														
Salad Cream										YES	YES			
English Mustard										YES				
Brown Sauce														
Tartare Sauce										YES	YES			
BBQ Sauce														
Vinegar													YES	
Mayonnaise										YES	YES			
CHICKEN														
Chicken Melt					YES				YES				YES	YES
Chicken Tikka Masala with rice, poppadom and mango chutney					YES									
Middlesbrough Parmo					YES						YES		YES	
Taste of the Deep South									YES				YES	
Spicy Cajun Chicken	MAY				MAY				YES	MAY			YES	MAY
Mexican Melt					YES									
Pan Fried Breast of Chicken with Stilton Sauce					YES								YES	
Pan Fried Breast of Chicken with Mushroom and White Wine Sauce	YES				YES								YES	
Pan Fried Breast of Chicken with Pepper Sauce					YES								YES	
Espetada in Piri Piri Sauce with chips														
Espetada in Piri Piri Sauce with salad (no vinaigrette)														
Espetada in Piri Piri Sauce with salad (with vinaigrette)								MAY		YES				
Espetada in Piri Piri Sauce with rice														
Franks Red Hot Sauce														
FISH AND SEAFOOD														
The Moby Dick		YES			MAY					YES	YES		YES	MAY
Fish and Chips		YES			MAY					YES	YES		YES	MAY
Homemade Fish Pie	YES	YES	YES		YES								YES	
Wholetail Scampi			YES										YES	
Fillet of Salmon (no sauce)		YES			ì	1	1	ì	ì	1		ì		
Fillet of Salmon with Mushroom and White Wine Sauce	YES	YES			YES								YES	
Fillet of Salmon with Hollandaise Sauce		YES			YES		1	ì	ì	1	YES			
PASTA														
Lasagne (with salad and vinaigrette)					YES			MAY	YES	YES	YES		YES	MAY
Go Large Lasagne with garlic bread					YES				YES	MAY	YES		YES	MAY
JACKET POTATOES														
Jacket Potato with Cheddar					YES									
Jacket Potato with Coleslaw		1	1				1	ì	ì	1	YES			
Jacket Potato with Bacon		1	1		ì	1	1	ì	ì	1				
Jacket Potato with Baked Beans	İ				ì		Ì	ì	ì			ì		
Jacket Potato with Tuna		YES			i e	Ì	Ì	l e	i e	Ì		i e		
Jacket Potato with Beef Chilli					i e	Ì	Ì	i e	i e	Ì		i e		
Jacket Potato with Veg Chilli														
All come with individual butter		Ì	Ì		YES		Ì	i e	i e	Ì		i e		
The Company of the Co	I	I	I .		120		1			I				

					1				1	1	1	1	1	
CONTAINS	Sulphites	Fish	Crustaceans	Molluscs	Milk	Tree Nuts	Peanuts	Sesame	Celery	Mustard	Egg	Lupin	Gluten	Soya
VEGETARIAN AND VEGAN														
Moving Mountains Burger						MAY	MAY	MAY					YES	YES
Vegetable Lasagne					YES					YES	YES		YES	MAY
Broccoli and Cream Cheese Bake					YES	MAY	MAY	MAY	MAY	YES	MAY		YES	MAY
Macaroni Cheese with Garlic Bread					YES					YES			YES	MAY
Vegan Red Thai Vegetable Curry										. 20				
Vegan Three Bean Smoky Chilli														
CHEF'S SIGNATURE DISHES														
Signature Dishes on the Blackboard - please ask														
CHILDRENS MENU														
Bangers & Mash	YES				YES				YES	YES			YES	YES
Bangers and Chips	YES		1		YES				YES	YES		1	VES	YES
Chicken Bites (with peas or beans)	, LJ		1		113				ILJ	ILJ	 	1	YES YES	MAY
Fishfingers		YES								YES			VES	MAY
Chicken Burger		, LJ						MAY		ı LJ			YES	MAY
Beef Burger								MAY					YES	IVIAT
Pepperoni Pizza					VEC			IVIAT					YES	
Mini Man Mixed Grill	YES				YES				MAY	MAY	YES		YES	
Cheese & Tomato Pizza	TES				YES				IVIAT	IVIAT	TES		YES	—
Macaroni Cheese					YES YES					YES			YES	
Garlic Bread		1			MAY					YES			YES YES	MAY
Vanilla Ice Cream													TES	IVIAT
					YES									-
Chocolate Ice Cream					YES									-
Strawberry Ice Cream Toffee Sauce					YES YES									-
Chocolate Sauce					YES									YES
Strawberry Sauce														TES
DESSERTS														
Sticky Toffee Pudding	YES					MAY	MAY						YES	YES
Salted Caramel Cake (vegan)	TES				MAY	MAY	MAY				MAY			TES
American Pancake Stack					YES	IVIAT	IVIAT				YES		YES YES	
Cheesecake of the Day on the Blackboard - please ask					ILS						ILS		ILS	—
Treacle Sponge					YES	MAY	MAY				YES		YES	
Lemon Tart					YES	MAY	MAY				YES		1E3	
Alabama Chocolate Fudge Cake					YES	MAY	MAY				YES		YES	YES
Vegan Cherry and Chocolate Dessert					MAY	MAY	MAY				MAY		YES	YES
Country Apple Pie					MAY	MAY	MAY				MAY		YES	MAY
Lemon Meringue Pie					YES	MAY	MAY				YES		YES	IVIA
Belgium Waffle					YES	IVIAT	IVIAT				YES		YES	YES
Profiteroles					YES	MAY	MAY				YES		YES	YES
Ice Cream Choice See Below					113	IVIAT	TVIP(1				ILJ		ILJ	113
Custard Choice Custard Choice					YES									
Cream Choice	-	1	 		YES		1	1	 					
	-	1	 		YES		1	 						
Squirty Cream Choice		I	l .		1 5		I	I	I	I		I .		

	,	1	1			1								
CONTAINS	Sulphites	Fish	Crustaceans	Molluscs	Milk	Tree Nuts	Peanuts	Sesame Seed	Celery	Mustard	Egg	Lupin	Gluten	Soya
SUNDAES AND ICE CREAMS														
Strawberry Dream Sundae					YES	MAY	MAY						YES	YES
Chocolate Dream Sundae					YES	MAY	MAY						YES	YES
Toffee Dream Sundae					YES	MAY	MAY						YES	YES
Mintnight Rider					YES	MAY	MAY				YES		YES	YES
Sundae of the Day - On the Blackboard - please ask														i
Vanilla Ice Cream					YES	MAY	MAY							ĺ
Strawberry Ice Cream					YES	MAY	MAY							ĺ
Chocolate Ice Cream					YES									YES
Vegan Vanilla Bean Ice Cream					MAY						MAY			
Blood Orange Sorbet														
Lemon Sorbet														
Wafer					YES						YES		YES	YES
SPECIAL SWEETS														
Desserts on Specials Board - please ask														
LUNCHTIME MEAL DEALS														
Cumberland Sausage and Mash	YES				YES								YES	
Cottage Pie		YES			YES	MAY	MAY						YES	
Peppered Pork Chops									YES				YES	1
Minted Lamb Chops	MAY				MAY				MAY	MAY			YES	YES
Southern Fried Chicken Burger								MAY					YES	1
Quarter Pounder Bacon and Cheese Burger					YES			MAY					YES	1
Lasagne (comes with salad)					YES			MAY	YES	YES	YES		YES	MAY
Spicy Cajun Chicken	MAY				MAY				YES	MAY			YES	MAY
Deep Fried Breaded Fish of The Day		YES								YES	YES		YES	MAY
Wholetail Scampi			YES							YES	YES		YES	ł
Fishcakes of the Day - please ask														
Vegetable Lasagne (comes with salad)					YES			MAY		YES	YES		YES	MAY
Vegan Three Bean Smoky Chilli														
6oz Rump Steak													YES	
8oz Gammon Steak with Egg											YES		YES	-
8oz Gammon Steak with pineapple													YES	ļ
Ham, Egg and Chips											YES			
HOT BEVERAGES														
Flat White Flat White	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Café Latte	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cappuccino	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Espresso	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Double Espresso	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mocha Latte	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Floater Coffee	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Hot Chocolate	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pot of Tea	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Lotus biscuit	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES

CONTAINS	Sulphites	Fish	Crustaceans	Molluscs	Milk	Tree Nuts	Peanuts	Sesame Seed	Celery	Mustard	Egg	Lupin	Gluten	Soya
OTHER DRINKS														
Wines	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Beers	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
	Please asl	k a membe	r of staff to	see bottl	e and can	labels shou	ıld vou hav	e anv allei	gies to po	ssible ingre	edients in o	drinks. Our	drinks rar	nge

Other bar drinks and spirits

Please ask a member of staff to see bottle and can labels should you have any allergies to possible ingredients in drinks. Our drinks rang changes regularly and supplier ingredients may change too without warning.

All allergy and intolerance information stated is for actual ingredients present in products.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware. Whilst we take the issue of food allergies and intolerances seriously all dishes are produced and prepared in environments that are not free from gluten**, milk, egg, fish, crustaceans, molluscs, tree nuts*, peanuts, sesame, celery, mustard, lupin or soya therefore all dishes may contain traces of these and other allergens.

If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

^{**} Gluten is a protein component of wheat, rye, barley & oats